



2024 NAEA NATIONAL CONVENTION | APRIL 4-6  
**2024 MINNEAPOLIS**

# MINDFULNESS + CONNECTION THROUGH THE ARTS



## SUPERVISION/ADMINISTRATION PRECONVENTION

Whatever it is you want to accomplish, whatever you need most today, it all starts with connection and mindfulness. Connection amplifies the power and conviction of us as individuals. Mindfulness helps us be intentional about our work and the why behind what we do.

If the aim of education is to ensure the development of the whole student, then as Arts Supervisors we must bring our whole selves to connect to the work we do. Engaging in practices that enrich the inner life in conjunction with outer experience is not only wise, but also essential. When connection is missing, we can feel alone and isolated. There is no place where this feels truer than in arts administration.

Join us in person during the 2024 National Art Education Association Convention (April 3rd) to explore the value of mindfulness and relationships. Dive into a day filled with immersive sessions about connecting – to your organization, your community, and most importantly to yourself:

### SESSION 1

#### **Our Responsibility in Navigating, Advocating, and Championing Arts**

**Ed:** National experts across Arts Education participate in a moderated panel discussion around Divisive Concept Laws, Teacher Retention, and Arts Advocacy.

### SESSION 2

#### **Cultivating Creativity & Well-Being**

**for Art Leaders:** Jane Dalton, Professor of Art Education and Mindfulness and Expressive Arts expert, shares her expertise and experience building mindfulness practices to help focus, relieve stress, and strengthen creativity and wellbeing.

### SESSION 3

#### **Breakout Discussions: A Deep Dive before Springing into Action**

Connect with colleagues, while rotating in breakout groups reflecting the topics of the morning panel.

### SESSION 4

#### **The Power of Partnering with Community Artists:**

Celebrated community artists participate in a facilitated panel discussion about breaking down barriers through inclusive community artist initiatives.

### WHEN

Wednesday,  
April 3rd,  
10am–5pm CST

### WHERE

NAEA Convention,  
Minneapolis, MN

### REGISTRATION

#### **Before March 1st**

\$110 members  
\$150 nonmembers

#### **After March 1st**

\$150 members  
\$190 nonmembers

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